

SUNDAY LUNCH

served from 13.00 - 15.30

2 COURSES €30.00 P.P. / 3 COURSES €36.00 P.P.

Starters

TODAY'S SOUP parsley oil contains wheat, milk	€9.95	CRAB BOXTY green peas, radish, orange contains egg, sulphites, crustaceans, milk	€13.50
SUPERFOOD SALAD tri-colour quinoa, beetroot, pomegranate, kale, tender stem broccoli, vegan feta, butternut squash, mixed seeds contains sulphites (VE) Add chicken or tiger prawns contains crustacean	€13.00	PRAWN MARIE ROSE SALAD baby gem, smoked paprika, classic marie rose dressing contains sulphite, mustard, egg, fish, soya	€9.50
	€5.00	ATLANTIC SEAFOOD CHOWDER smoked haddock, salmon, hake, mussels,	€12.00
CAESAR SALAD baby gem lettuce, bacon, parmesan, croutons, caesar dressing contains egg, wheat, fish, milk Add chicken or tiger prawns contains crustacean	€12.50	potato, leek, carrots, celery, dill oil contains fish, milk, celery, molluscs, sulphites	
	€5.00	GOCHUJANG CHICKEN asian slaw contains sesame, soya, sulphite	€12.00

Mains

TODAY'S SPECIAL please ask your server for details	€21.50	SLOW BRAISED BEEF STEW PIE carrot, leek, onion, celery, puff pastry <i>contains wheat, milk, egg, sulphite, celery</i>	€17.50
MARKET FISH OF THE DAY please ask your server for details contains fish, milk, celery, sulphites	€24.00	GRILLED 8^{oz} CHICKEN SUPREME creamed potato, tender stem broccoli, wild mushroom sauce	€21.50
SLOW ROAST SIRLOIN OF BEEF roast potato, maple glazed root vegetables, bordelaise sauce contains wheat, milk, egg, sulphite, celery	€21.50	contains milk, sulphites, celery	
		LINGUINE PASTA grilled mediterranean veg, arrabiatta <i>contains wheat, sulphites</i>	€18.50

Sides all €4.95

CREAMED POTATO contains milk • FRIES • MAPLE GLAZED TENDERSTEM BROCCOLI & CARROT

Desserts

STICKY TOFFEE PUDDING butterscotch sauce contains milk, egg, wheat, sulphites	€8.50	SUNDAE OF THE DAY please ask your server for details contains milk and may also contain wheat, soya, egg	€8.95
GF BANANA & PEANUT BROWNIE crunchy peanut contains egg, milk, sulphite, peanut, soya	€8.50	TART OF THE DAY please ask your server for details contains milk, wheat, egg, soya	€8.95

All our beef is of Irish Origin. All our fish from sustainable sources. Our menus are subject to change as a result of the seasonality of our dishes. All our ingredients are seasonally sourced from local suppliers including Musgraves, Sheelin Meats, Morgan Fish, Albatross, Total Produce and Pat the Baker. This menu is printed on 100% recycled paper and will in turn be recycled.