

Farnham Estate Health Spa Packages

Couple's Retreat

6 hrs (up to 110 mins treatment time)

Spend a blissful day together, start this experience with an Espa Salt & Oil Scrub, followed by a bath or the Serail Mud Chamber. This enjoyable experience starts with you spreading mineral-rich mud onto your skin. As the chamber and seating gradually warms the mud dries and removes toxins from the skin. Steam then gently fills the chamber to soften the mud, prior to a warm shower being dispensed from the ceiling to wash it away. Your skin will feel like new – soft and smooth. Finish the experience with an Espa Aromatherapy Massage each – side by side (60 minutes). Enjoy a light lunch and time in the thermal suite & relaxation area.

Full Day Pamper Package

6 hrs (up to 60 mins treatment time)

Start your journey in the indoor/outdoor Hydrotherapy Pool, followed by the Water Mint Thermal Suite where you can enjoy our steam room, sauna, foot spas, salt grotto, experience showers and relaxation rooms. Then enjoy a spa treatment of up to 60 minutes of your choice. This package includes a light lunch.

Half Day Pamper Package

4 hrs (up to 60 mins treatment time)

Start your journey in the indoor/outdoor Hydrotherapy Pool, followed by the Water Mint Thermal Suite & relaxation rooms Then enjoy a 30 minute treatment and your choice of a Dry Floatation, Hydrotherapy Bath or Serail Mud Chamber followed by a light lunch.

Yummy Mummy Package

6 hrs (up to 150 mins treatment time)

Take time just for yourself before or after you have your little bundle of joy. Relax, unwind and return feeling totally refreshed. Start your journey with enjoying time in our blissful infinity pool that extends outside before an invigorating Polish and Skin Smoother (60 mins), involving a full body exfoliation to hydrate and soothe the skin. Then enjoy an Escale Beaute Facial (30 mins) with scents of citrus fruits and essential oils to re-energise and stimulate, leaving a soft and smooth complexion. End your journey with a Deluxe Leg Relief Pedicure (60 mins) designed to reduce fluid retention and relieve aches and pains plus a full pedicure. Package includes a light lunch.

Swim & Spa Package

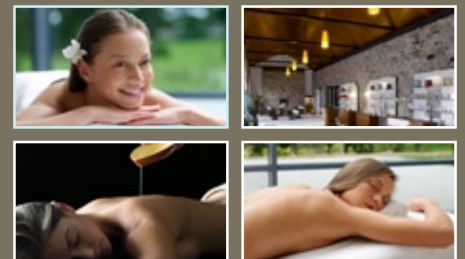
2 hrs (30 mins treatment time)

Take a morning off and enjoy 2 hours of relaxation in our indoor/outdoor Hydrotherapy Pool, Water Mint Thermal Suite & relaxation rooms and a 30 minute treatment of your choice.

Men's Revitalising Package

4 hrs (120 mins treatment time)

This relaxing package includes a full body massage to relieve aches & pains and an anti aging facial to target fine lines, wrinkles & sun damage. It also includes time in our Water Mint Thermal Suite, indoor/outdoor infinity pool & relaxation rooms followed by a light lunch.



Call 049 4377700 to book
or email info.farnham@radissonblu.com

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